

# Fairfield Ludlowe High School Resources

## Counseling Center (203) 255-7216

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## House Counselors

### Warner House Counselors (203) 255-7225

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### Webster House Counselors (203) 255-7238

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### Wright House Counselors (203) 255-7242

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Matt Sutton	<a href="mailto:msutton@fairfieldschools.org">msutton@fairfieldschools.org</a>

## Community Resources

Regional Adolescent Programs	(203) 335-2172
St. Vincent's Behavioral Health (Hall-Brooke)	(203) 227-1251
Connecticut Renaissance	(203) 367-7570
Fairfield Counseling Services	(203) 255-5777
Positive Directions	(203) 227-7644

## Internet Resources

The websites listed here provide information on every aspect of substance use/abuse, as well as parenting strategies. We recommend taking some time to explore at least one of them. The Connecticut Clearinghouse is user-friendly and includes much information on substance and abuse issues related to adolescents.

[www.ctclearinghouse.org](http://www.ctclearinghouse.org)    [www.abovetheinfluence.com](http://www.abovetheinfluence.com)    [www.settherulesct.org](http://www.settherulesct.org)

[www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)    [www.preventionworksct.org](http://www.preventionworksct.org)    [www.ct-aa.org](http://www.ct-aa.org)

[www.parentfurther.com](http://www.parentfurther.com)    [www.ctalanon.org](http://www.ctalanon.org)    [www.drugfree.org](http://www.drugfree.org)

[www.samhsa.gov](http://www.samhsa.gov)