

Alcohol & Substance Abuse

Community Resources

Causeway Collaborative , 1720 Post Rd E, Ste 123, Westport	(203) 255-0301
Connecticut Renaissance , 350 Fairfield Ave, Bridgeport	(203) 367-7570
Fairfield Counseling Service , 125 Penfield Rd, Fairfield	(203) 255-5777
Insight Counseling , 103 Danbury Rd, Ridgefield	(203) 431-9726
Newport Academy , 64 Double Hill Rd, Bethlehem	(888) 934-1222
St. Vincent's Behavioral Health , 47 Long Lots Rd, Westport	(203) 227-1251

Internet Resources

Above the Influence

A program of the non-profit Partnership for Drug-Free Kids.

www.abovetheinfluence.com

Alcoholics Anonymous

Worldwide fellowship of men & women who help each other stay sober.

www.ct-aa.org

Al-Anon Family Groups - Connecticut

A worldwide organization that offers a program of help and mutual support for families and friends of someone with a drinking problem.

www.ctalanon.org

The C.A.R.E.S. Group

(Community, Addiction & Recovery Education & Support)

Provides education, support, resources and hope for communities, families, and individuals struggling with substance abuse and addiction.

www.thecaresgroup.org

Connecticut Clearing House

A program of the Connecticut Center for Prevention, Wellness & Recovery.

www.ctclearinghouse.org

The Governor's Prevention Partnership

A public-private nonprofit dedicated to delivering prevention programs that address emerging and dangerous issues that affect youth.

www.preventionworksct.org

Mothers Against Drunk Driving (MADD)

A nonprofit organization working to protect families from drunk driving, drugged driving and underage drinking.

www.madd.org

National Institute on Drug Abuse for Teens

A project of the National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH), US Dept. Health & Human Services.

www.teens.drugabuse.gov

Partnership for Drug-Free Kids

Provides support, guidance, and advocacy to families struggling with their son or daughter's substance use.

www.drugfree.org

Set the RulesCT.org

A statewide campaign to educate parents about the Laws, CT Social Host Law, and the effects of alcohol on teenage brain development.

www.settherulesct.org

Substance Abuse and Mental Health Services

Agency leading public health efforts to advance behavioral health of nation.

www.samhsa.gov

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School Resources

Counseling Center

The **FLHS Counseling Center** is staffed by two social workers, three school psychologists, and a student assistance counselor. These professionals provide services in the areas of prevention, intervention, evaluation and education. The Counseling Center is in Room 286 and is open daily during school hours. To reach a member of the Counseling Center Staff, please call the receptionist at (203) 255-7216.

Counseling Center Staff includes:

Michael Crane, Psychologist	mcrane@fairfieldschools.org
Emily Gonzalez, Psychologist	egonzalez@fairfieldschools.org
Brittany Tasi, Psychologist	btasi@fairfieldschools.org
Carrie Holskin, LCSW, Social Worker	cholskin@fairfieldschools.org
Debbie Deren, Social Worker	dderen@fairfieldschools.org
Tim Morris, Student Assistance Counselor	tmorris@fairfieldschools.org

House Counselors

Warner House Counselors (203) 255-7225

Kim Bauco	kbauco@fairfieldschools.org
Danielle Marseglia	dmarseglia@fairfieldschools.org
Courtenay Trahan	ctrahan@fairfieldschools.org

Webster House Counselors (203) 255-7238

Christina Caron	ccaron@fairfieldschools.org
Joanna Caserta	icaserta@fairfieldschools.org
Brian Sutcliffe	bsutcliffe@fairfieldschools.org

Wright House Counselors (203) 255-7242

Bridget McHugh	bmchugh@fairfieldschools.org
Allison Ofir	aofir@fairfieldschools.org
Matt Sutton	msutton@fairfieldschools.org

Fairfield Parent Support Group

Sponsored by Newtown Parent Connection newtownparentconnection.org

A weekly support group for parents and loved ones of those experiencing issues with addiction and mental health. Meetings are held on Wednesdays, 7-9 pm at First Church Congregational, 148 Beach Rd., Fairfield. The group is co-facilitated by licensed therapists: Tim Morris (FLHS) and Stephanie Swist (FWHS). The meetings are free of charge and all are welcome.